

North County Gastroenterology Medical Group

Your Provider has recommended you have a procedure. This page will give you important information. Please read the entire page.

SCHEDULING OF YOUR PROCEDURE

- Please allow up to 14 business days for the scheduling department to contact you.

LOCATION OF PROCEDURE

Center for Endoscopy

3921 Waring Road, Suite B
Oceanside, CA 92056
760-940-6300 (scheduling)
760-724-8782 (prep questions)

Scripps Memorial Hospital

354 Santa Fe Drive
Encinitas, CA 92024
760-724-8782 ext 345 (scheduling)
760-724-8782 (prep questions)

Tri City Medical Center

4002 Vista Way
Oceanside, CA 92056
760-724-8782 ext 345 (scheduling)
760-724-8782 (prep questions)

CANCELLATION

If you cancel your procedure less than 72 hours from your appointment time or do not show up for your procedure, there will be a CHARGE of \$100.

BILLING for procedures performed at the Center for Endoscopy ONLY (for Scripps and Tri City, please contact them directly)

Please be aware, you may receive up to four (4) separate bills for this procedure:

- 1) Center for Endoscopy (where procedure is performed)
Billing (877) 579-4572 or (760) 940-6300
- 2) North County Gastroenterology (physician's bill)
Billing (760) 941-5040
- 3) Comfort Endoscopy (anesthesia)
Billing (877) 579-4572
- 4) Pathology (if biopsies are taken during procedure)
Biopsies could be sent to one of the entities below, depending on your insurance requirements:
 - Covenant (844) 455-2120
 - Dianon/LabCorp (800) 352-7788
 - Quest (866) 591-5790
 - Scripps (858) 784-5645

General Instructions: EGD (Endoscopy)



➤ **Day of the procedure:** **DO NOT EAT ANYTHING.**
DO NOT DRINK ANYTHING 3 hours before check in.

You are scheduled for an Endoscopy procedure. It is very important you follow **all** the instructions below for your safety. If you have questions regarding the procedure, please call the office: (760) 724-8782.

| Evening Before the Procedure | Day of Procedure |
|--|---|
| <p>DO NOT EAT OR DRINK AFTER MIDNIGHT.</p> <ul style="list-style-type: none"> • Diabetic patients: if you inject insulin at night, use ½ of your usual dose. Monitor your blood sugar closely. • Make sure you have a driver. • You CANNOT drive yourself. • You CANNOT use a bus, taxi, an Uber, or a Lyft. <p><i>Your driver must come inside and check in with the receptionist prior to the procedure.</i></p> | <p>DO NOT EAT ANYTHING.</p> <p>DO NOT DRINK ANYTHING AT LEAST THREE HOURS PRIOR TO CHECK IN.</p> <ul style="list-style-type: none"> • Diabetic patients: DO NOT take your diabetic pills or insulin today. Check your blood sugar the morning of the procedure. If above 300mg/dl or less than 80mg/dl, call the office / on call doctor at 760-724-8782. • If you take daily blood pressure, heart, thyroid, or pain medications, take them with a sip of water at least 3 hours before check in. • Confirm arrangements with your driver. |

Blood Thinners:

- Aspirin: if you take a daily aspirin, keep taking this medication.
- Antithrombotic Medications:
 - Warfarin (Coumadin), Dabigatran (Pradaxa), Rivarobaxan (Xarelto), Apixaban (Eliquis)
 - Continue this medication
 - Stop for _____ days prior to procedure
- Antiplatelet Medications:
 - Dipyridamole (Persantine, Aggrenox), Clopidogrel (Plavix), Ticagrelor (Brilinta), Prasugrel (Effient), Cilostazol
 - Continue this medication
 - Stop for _____ days prior to procedure

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The Center is not responsible for valuables. Please leave all jewelry/ valuables at home or with your ride

CLEAR LIQUID DIET

NO SOLID FOODS ALLOWED

AVOID ARTIFICIAL RED DYES

- **No red Jell-O**
- **No red Gatorade**
- **No red Kool-Aid**
- **But can have Natural red color such as cranberry juice**

RESTRICT YOUR CHOICES TO THE LIQUIDS LISTED BELOW

- Water, tea, coffee
- Carbonated beverages and clear fruit juices listed below:
 - Grape juice
 - Cranberry juice
 - Cranberry juice products
 - Apple juice
 - Gatorade (No RED Gatorade)
 - Coconut water
- Jell-O (No RED Jell-O)
- Broth: beef, chicken, vegetable and Miso
- Sugar, honey, and syrups

DIABETICS:

- Please use sugar free beverages. Do not use any sugar, honey, or syrups.